

**THE
AMERICAN INSTITUTE
FOR
MENTAL IMAGERY**

POST-GRADUATE CLINICAL
PROGRAMS



2010 - 2011

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Welcome

This is the catalog of the **American Institute for Mental Imagery**, a New York State Board of Regents provisionally chartered, post-graduate training institute for **licensed or certified health care practitioners**.

We offer an introductory weekend workshop in mental imagery for all healthcare clinicians. Thereafter, clinicians may continue in a year-long program leading to a certificate of completion. Three programs are offered based on health care specialty – (1) mental health therapists, (2) physicians and nurses, and (3) other health care therapists.

The Institute, directed by Dr. Gerald Epstein, M.D., also offers Programs to educate the public in integrative medicine and the Western spiritual therapeutic tradition. Please see our catalog for the general public for more information on these courses.

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CERTIFICATE PROGRAMS FOR HEALTH CARE PRACTITIONERS

	Page
STATEMENT OF PURPOSES AND AIMS	3
PROGRAMS FOR CLINICIANS	
*Weekend Workshop in Mental Imagery	6
Certificate Programs	
*Imagination, Mental Imagery and Phenomenology	9
*Integrative Medicine for Doctors and Nurses	13
*Integrative Imagery for Body Therapists	16
STANDARDS FOR GRADUATION	19
AIMI FACULTY	20
REGISTRATION FORM	23

STATEMENT OF PURPOSE AND AIMS

Who we are

The American Institute for Mental Imagery is provisionally chartered by the New York State Board of Regents to offer post-graduate certification programs for **all health care practitioners**. Premised on the intrinsic connection between mind and body, these programs teach a new perspective on the roots of health and illness. Students learn techniques such as mental imagery, voluntary will, dream reading, and morphology which restore the Self to wholeness and health.

The Founder and Director of AIMI

Gerald N. Epstein, MD, the Founder and Director of the Institute, is a physician, author and educator. He holds the position of Assistant Clinical Professor of Psychiatry at Mount Sinai Medical Center and has lectured for the Columbia University's School of Physicians and Surgeons in New York City. Dr. Epstein is a leading expert in the use of the mind to heal emotional and physical illness. The author of six books, including Healing Visualizations, Healing Into Immortality, and Waking Dream Therapy, he contributes articles to numerous alternative health publications and has recorded The Natural Laws of Self-Healing and The Phoenix Process. He also conducts research into the physical effects of mental imagery; past research includes an asthma study funded by National Institutes of Health, Office of Alternative Medicine. He is now researching the effect of mental imagery on heart rate coherence and variability. Dr. Epstein lives in New York City where he maintains a private practice.

Historical Background

This tradition of imagery and integrative education taught at **AIMI** originated with Colette Aboulker-Muscat, a renowned teacher, psychologist and healer. Dr. Epstein met Mme. Muscat in 1974 in Jerusalem and apprenticed with her for over nine years, to master her unique therapeutic method based on the image.

Mme. Muscat was born in Algeria in 1909, the daughter of Professor Henri Aboulker, the most celebrated neurosurgeon of his time. She spent a large part of her early life as an assistant to her father and mastered many aspects of neurology and medicine. Even as a young girl of seven, people came to her for help with their emotional and physical difficulties.

Drawing on her North African and Sephardic heritage, she originated and evolved a unique method of therapeutic treatment called Waking Dream.

After attaining degrees in psychology, sociology, philosophy and completing four years of training in physiology, she left Algeria for Paris. There she studied and obtained her Master's degree in psychology. During World War II, she worked at hospitals in Algeria and France where she used her Waking Dream method to treat soldiers and fighter pilots given up as hopeless by physicians. Her work enabled many patients to heal, and others to die peacefully. Beginning in 1954, after she moved to Jerusalem, she taught people who came to her from all over the world. Mme. Muscat died in 2003.

What is Integrative Health Care?

Integrative Health Care views physical illness as a reflection of a person's life story: It unites all the dimensions that can be involved in illness: the physical, emotional, mental, social, moral and environmental. For example, a heart attack concurrently reflects problems in the physical condition of that organ and in the emotional sphere of love. Similarly, emotional depression emerges in the physical body through posture, facial expression, and metabolic changes. Regardless of the complaint, every illness represents a fragmentation of our Self, which manifests simultaneously in all spheres of our existence.

What is Mental Imagery?

Therapeutic mental imagery is the mind thinking in pictures. These images form the natural language of inner life that transcends the constraints of logical and lexical thinking. The process of mental imagery allows a return to wholeness.

Mental imagery offers a method for change that can occur in an instant. The image jolts the person's system, explodes the ingrained patterns, and permits new directions to emerge unimpeded. It alters physiology, perceptions, and philosophy. To practice imagery, one must experience it. For this reason, **AIMI's** programs require that the students learn through participation as well as through didactic study.

Through the practices of imagination, the students begin to turn to themselves for answers about life and to meet personal challenges with creative solutions. Students no longer compare themselves to external standards. They become their own authorities and impart this essential principle to their clients. Thus, health care providers become guides to their independent clients, and the therapeutic process becomes a self-directed movement of growth.

AIMI's programs teach students to understand the image as it appears in human experience in the phenomenology of the moment: In the external image of our face and body form, where it is called the science of morphology; in the internal image of our night dreams, called intuitive dream reading; in the exploratory dream image, called Waking Dream; and in the formless image, called the voluntary Will.

What are the basic premises of the AIMI model?

AIMI teaches from a phenomenological and holographic model. Phenomenology describes the study of the moment without subjective interpretation -- as occurs in psychology -- or objective experimentation -- as in science. In the experience of the present moment, the phenomenon reveals true information and contains answers without having a need to investigate the past or foretell the future.

The holographic model teaches that the part contains the whole just as a seed contains the information and potential realization of a tree. In healing, a holographic framework permits a single image, dream, or facial feature to encapsulate the whole life experience of the person. This principle aligns with phenomenology to expedite healing without extensive discussion or analysis.

Benefits of an AIMI Education

- Incorporates cost effective treatments into your practice
- Reduces office visits as it increases clinical effectiveness
- Brings immediate response and quick progress
- Applicable to situational, physical, and emotional disorders
- Uses non-invasive therapy
- Facilitates and complements other modalities
- Re-educates clients as active participants in healing
- Insures that client interactions are never repetitious

AIMI Facilities

The Institute's is located on the Upper East Side of Manhattan, at 16 East 96th Street. It maintains a large library of reference books and periodical literature. The Institute's facilities accommodate people with disabilities.

All courses are open to applicants regardless of race, religion, or creed.

INTRODUCTORY WEEKEND WORKSHOP IN MENTAL IMAGERY FOR HEALTH CARE PRACTITIONERS

This 2 1/2 day weekend introductory workshop, open to all health care professionals, is an opportunity to learn the principles and the practice of mental imagery. Premises on the unity of the mind & body, mental imagery brings efficient and lasting therapeutic and educational benefits in all forms of clinical work. Imagery complements all types of clinical practice since it permits the patient to discover the relationships between physical and emotional disorders.

The course is offered three times per year. Please contact us for workshop dates.

Fee: \$400.00

Completion of this workshop can be applied as credit toward all of the certificate programs.

Friday

9:30 AM – 1:00 PM: Personal Imaginal Experience

- An introduction to mental imagery through direct personal experience: "Doing first" is the initial step to knowing.

11:00 AM – 1:00 PM: Introduction to Imagination and Mental Imagery

- Theory and practice of Imagery
- History of Imagination
- Differences between imagery, hypnosis, daydreaming and other mental states
- Various schools of imagery techniques
- Contrast of imagery with conventional treatment approaches

1:00 PM – 2:00 PM: Lunch

2:00 PM – 5:00 PM: Imagery Techniques

- Descriptions and demonstrations of the three fundamental techniques of imagery – Waking Dream, Guided Exercises, Short Exercises
- Appropriate usage of imagery techniques in clinical practice.
- Discussion of when-to and when-not-to use imagery.

5:00 PM – 6:30 PM: The Role of the Imagery Advisor

- Exploration of the nature of the therapeutic relationship, especially the differences between the role of the advisor/guide and the traditional clinician.
- Supervised practice.

Saturday

9:30 AM – 1:00 PM: Personal Imaginal Experience

11:00 AM – 1:00 PM: Applications of Imagery in Clinical Practice

- Clinical settings: individual, couple, group, family, etc.
- Mindbody issues, including pain; insomnia; stress; digestive disturbances; ulcer; ulcerative colitis; rheumatoid arthritis; asthma; addictions such as alcohol, food, drug; clinical disorders such as depression, anxiety disorders, traumas; chronic illness such as cancer, venereal problems, emphysema and cardiac disease, amongst others.
- When and how to incorporate mental imagery into treatment

1:30 PM – 2:30 PM: Lunch

2:30 PM – 4:30 PM: Creating Imagery Exercises: The Art of Imagination

- Basic steps to constructing and creating imagery exercises
- Demonstrations of imagery experiences by the participants

4:30 – 6:30 PM: Conducting Clinical Imagery

- Supervised experience with the three types of imagery experiences – Waking Dream, Guided Exercises, Short Exercises
- Practice with other workshop participants in small groups

Sunday

9:30 AM – 1:00 PM: Personal Imaginal Experience

- The full circle conclusion of the teaching and experiential work of the weekend
- Personal integrative imagery event

11:30 AM – 12:30 PM: Creating a Clinical Imagery Practice

- Examination of the ethical and practical considerations of imagery practice, including: setting limits on the length of treatment; deciding who is and is not appropriate for this work; medical–legal implications; and record–keeping.

12:30 PM – 1:30 PM: Questions and Answers

- An open forum of interchange.

IMAGINATION, PHENOMENOLOGY & MENTAL IMAGERY FOR MENTAL HEALTH CARE PROFESSIONALS

This program trains mental health professionals in phenomenological and therapeutic imagination. It includes didactic, experiential, clinical and supervisory experience.

Format:

- Nine weekend modules, each comprising 21 hours of course work, for a total of 189 class hours for the year.
- Fifty Group Supervisory sessions for a period of 15 – 24 months.
- Individual Waking Dream therapeutic experience, with a therapist approved by the Director.

Admission Requirements:

Open to all licensed mental health professionals, including:

- Physicians
- Psychologists
- Social workers
- Nurses
- Creative Arts therapists (Art, Music, Dance and Drama)
- Mental health, marital, and family counselors
- Pastoral counselors
- Psychoanalysts

The completion of the program at the Institute will lead to a Certificate in Imagination, Mental Imagery and Phenomenology.

Nine Weekend Modules

I Introduction to Imaginetic Science

- Scientific foundation of imagination
- Difference between the science of imagination and natural science
- Distinction between Imaginetic medicine and other forms of medical therapeutics
- Contrast of cause and effect methodology of traditional psychology and phenomenology

II Phenomenology of Imagination

- Imaginal process experienced through the works of Madam Colette Aboulker–Muscat, Gerald Epstein, Martin Heidegger, and Medard Boss
- Phenomenological, logical, and imaginal understanding of spatiality, temporality, human body-hood, memory, living in a shared world, and death
- Use of imagination in a world view of "the presence of the present" as a viable therapeutic modality
- Introduction to the three major techniques of imagination: waking dream, guided exercises, short exercises

III The Form and Structure of Dreaming

- Imaginal and phenomenological understanding of the dreaming process
- Experiential approach to the nature of dreams
- Color, number, and directionality in the dream content
- Relationship between the dream realm of existence and waking life
- Application of dreams as the starting point for waking dream exploration

IV Morphology: The Science of the Form and Structure of the Face and Body

- Morphology as the foundation for understanding human emotional and physical life: temperament, personality and character
- The biological basis of morphology: embryology, anatomy and physiological functions

- Clinical uses of morphology in physical and emotional disorders
- Morphological direction for individualized treatment in the therapeutic process

V Will and Intention

- Nature of will and intention -- the "formless form" of Imagination
- The "Watcher" - making space to change
- The therapeutic use of life plan, reversing, stopping, and chanting exercises

VI The Experience of the Imaginal Guide

- Nature of the therapeutic relationship
- Role of the guide as facilitator/advisor
- Special role of the guide in waking dream therapy
- Conducting a waking dream session
- How to compose imagery exercises

VII The Imaginal Approach to Child, Adolescent, and Family Processes

- Application of imagery processes for these three groups
- Special approaches and attention within the imaginal framework
- Clinical examples that illustrate the principles
- How to create imagery appropriate to these groups
- Evaluation of students' own clinical experience

VIII Imaginal Case Experience

- Application of the philosophy of phenomenological therapy
- Case presentations as teaching tools

IX Imaginal Group Therapy

- The use of imagery in/as a group therapeutic healing process
- Integration of student's imaginal experience within the group context
- Mental imagery as a shared inner language and its social consequences
- How to lead an imagery group

Supervisory Sessions

Each student must complete 50 one-and-one-half hour group supervisory sessions over 15 – 24 months. A student will provide his/her own private clients for these sessions. Each student must present four cases during this period.

Tuition and Fees

\$	60	Application Fee (non-refundable)
\$	4,500	Weekend Modules (\$500 x 9 weekends)
\$	4,000	Group Supervision (\$80 x 50 sessions)
\$ 125 – \$200/hr		For personal Waking Dream Therapy, hourly fee and number of sessions determined individually. The average cost for personal therapy comes to approximately \$4,500 completed.

Total tuition for the nine weekend modules and supervision is \$8,500, payable in four equal installments of \$2,125 each, to be paid at first, third, fifth and seventh modules. Fees for personal Waking Dream Therapy are paid individually to the therapist.

A limited number of scholarships are available based on financial need.

Refunds

Refunds for withdrawal or dismissal will be granted in the following manner:

- Tuition less 10% refunded before course work commences.
- Tuition prorated for both course work and supervision through module number 3.
- No refunds for either course work or supervision beginning with weekend module number 4.

INTEGRATIVE MEDICINE/HEALTH CARE FOR PHYSICIANS AND NURSES

The Integrative Medicine program presents the opportunity for medical and osteopathic **physicians** and registered **nurses** to integrate the mindbody perspective into their clinical practice. The **AIMI** program explores the unity of the mind and body through the use of mental imagery, dreams, intuition and morphology. The course expands the participants' ability to diagnosis and treat the whole person, not just the ailment. This integrated program includes didactic, experiential, and case review. Each topic includes a syllabus of selected readings and exercises.

Classes include clinical case presentations.

Format

- The course meets on Thursdays, 7:00 PM – 9:00 PM, September through June. The program consists of nine modules, for a total of 72 class hours.

Admission Requirements

Open to physicians and nurses

The completion of the program at the Institute will lead to a Certificate in Integrative Medicine.

Monthly Modules

I Integrative Medicine/Healthcare

- An overview and history of integrative medicine from Egypt to Descartes
- What is Mind? What is Body?
- The Mindbody Mirror: The Hologram of Health
- The differences between the integrative and conventional models of medicine: Patient intake, diagnosis, prognosis and treatment
- Alternative treatments and how they differ from this approach

II The Meaning of Illness

- The mind's role in illness and health
- The emotional, mental, social, and moral components of illness
- The family system and its role in health and disease
- The secret language of the body; emotional correspondences of physical disease
- Illness as messenger and awakener

III The Clinician-Patient Relationship

- The healing relationship; taking your attention away from the result
- From power and paternalism to self-authority and self-reliance
- Restoring communication between clinician and patient
- Placebo and nocebo effects

IV Holographic Diagnosis 1: The Hologram of Imagery

- Introduction to different types of imagery, the inner language of the mind
- Difference between imagery and other forms of mental feedback modalities
- From imagery to action – bringing the seeds to fruition
- Imagery as a tool for diagnosis and treatment of physical and emotional disorders
- How to create imagery exercises

V Holographic Diagnosis 2: The Hologram of the Dream

- Introduction to dreams, what they reveal about health
- The meaning of numbers, colors and directions in dreams
- Reading the universal themes of dreams
- Applying the message of the dream to the treatment for healing

VI Holographic Diagnosis 3: The Hologram of Morphology

- Introduction to Morphology, what the face reveals about health
- The bio-physiology of the four body types – weaknesses and strengths
- The Morphological snapshot: A diagnostic tool
- Using Morphology to maximize treatment success

VII The Keys to Successful Healing

- The contrast between "to cure" and "to heal"
- Seven keys to healing: Cleansing, Faith, Forgiveness, Pain, Quieting, Reversing, Sacrifice

VIII Health Maintenance and the Prevention of Illness

- New directions and research in the phenomenological model of medicine
- Integrating alternative modalities into a conventional medical practice: When to engage other health care practitioners
- Lifestyles and value systems

IX A New Education: The Spiritual Dimensions of Health

- Millennial Medicine: A new perspective on living and dying
- Awakening Osiris: Life Extension versus Resurrection
- "Death, thou shalt die": The fusion of science and spirit

Tuition and Fees

Total tuition is \$3,000 payable in three equal installments of \$1,000 each, to be paid at the first, fourth, and seventh modules. A limited number of scholarships are available based on financial need.

Refunds

Refunds for withdrawal or dismissal will be granted in the following manner:

- Tuition less 10% refunded before course work commences.
- Tuition prorated for course work through module number 3.
- No refunds for course work beginning with weekend module number 4.

INTEGRATIVE IMAGERY FOR BODY THERAPISTS

Physical complaints arise from the whole being of a person, not separate from one's emotional or social life. The body speaks its own language through its aches and pains. This course teaches students to understand these messages of the body.

The **AIMI** program explores the unity of the mind and body through the use of mental imagery, dreams, intuition and morphology. The course expands the participants' ability to diagnosis and treat the whole person, not just the ailment. Clinical case studies and individual imaginal experiences form an integral part of the course. This course welcomes all licensed health care practitioners engaged in musculo-skeletal therapies, energetic systems and psycho-physical reeducation.

Admission Requirements

This course is open to licensed body therapists, such as:

Acupuncture Chiropractic Physical Therapy Massage

Format

- The course meets on Wednesdays, 10:30 AM – 12:00 PM, September through June. The program consists of nine modules for a total of 54 class hours.
- The completion of the program at the Institute will lead to a Certification in Integrative Medicine.

I The Integrative Perspective on Healing

- Ancient notions of mind and body
- The Split between the Mind and Body: Descartes and the allopathic model of medicine
- Re-Membering YourSelf: Putting the pieces back together
- The Mirrored Universe: The Hologram of Health

II Body Talk

- Messenger from within: The meaning of illness
- The role of the emotions in illness and health
- The social and moral context of 'bodyness'
- A mind of its own: The idiomatic language of body parts and organs

III "No Agenda": The Healing Framework

- The client knows best: The health practitioner as guide
- Hidden messages: Nocebo and the belief system of illness
- The Pleasing Placebo
- Separation of intention (direction) from attention (process)

IV The Imaginal Body

- Introduction to mental imagery: its history, uses and efficacy
- How imagery works: The pictorial language of the mind
- Emotions, sensations and images
- The vertical axis of imagery
- The body of light

V The Imaginal Body In Your Practice

- How to construct imagery exercises
- How to read the image
- How to integrate imagery into a body therapy practice
- Imagery to address common concerns in a body therapy practice

VI The Dream Body

- The dream reality
- What dreams reveal about the physical body and the Self
- Repairing the dream body
- Using the dream message to correct the body's imbalances

VII Morphology: The Science of Body Form

- The four temperaments: A constitutional map of body types
- The embryological foundations of body types
- Morphologic diagnosis in clinical practice
- Rhythm, pace, measure and proportion according to type
- Cut and paste your face: Seeing your past and future

VIII Intuitive Diagnostics and Treatments 1

- Listening to the first voice
- Exercises to increase intuition
- Prayer: Speaking to the Healer on High

IX Intuitive Diagnostics and Treatments 2

- Remote viewing
- Therapeutic Touch
- Psycho-energetic instruments

Tuition and Fees

Total tuition is \$2,160 payable in three equal installments of \$720 each, to be paid at the first, fourth, and seventh modules. A limited number of scholarships are available based on financial need.

Refunds

Refunds for withdrawal or dismissal will be granted in the following manner:

- Tuition less 10% refunded before course work commences.
- Tuition prorated for course work through module number 3.
- No refunds for course work beginning with weekend module No. 4.

STANDARDS FOR GRADUATION FOR ALL CERTIFICATE PROGRAMS

The participation of students is reviewed on an ongoing basis. The specific requirements for receipt of a certificate are as follows:

- ☒ Each student's progress will be reviewed and evaluated after every three modules. Grades use the standard "satisfactory" or "unsatisfactory." An unsatisfactory grade brings one warning, and the module (s) must be repeated satisfactorily. A second unsatisfactory in the same module requires the student to withdraw from the school.
- ☒ Completion of all course work.
- ☒ The Executive Director of **AIMI** will recommend that a Certificate of Completion be granted upon the approval of the Board of Trustees. All students within a particular course of study receive the same certificate regardless of licensure or degree.

AIMI FACULTY

Gerald N. Epstein, M.D., the Director of the Institute, is a mindbody physician, author and educator.

Dr. Epstein is nationally recognized as a leading expert in the use of the mind to heal emotional and physical illness. He holds the position of Assistant Clinical Professor of Psychiatry at Mount Sinai Medical Center in New York City and Lecturer at Columbia University's School of Physicians and Surgeons.

Dr. Epstein has authored six books including Healing Visualizations, Healing Into Immortality, and Waking Dream Therapy as well as many audios. He has also written numerous articles for alternative health magazines and has been the subject of many interviews, appearing on national television and radio shows.

Dr. Epstein lectures and teaches in North and South America, Europe, and Israel.

He lives with his family in New York City, where he maintains a private practice. In his words, the goal of his work is to establish "a Community of Learning devoted to living in attunement with Spirit."

Elizabeth Ann Manhart Barrett, RN, PhD, FAAN, is Professor Emerita, Hunter College, City of New York. Author of four books and over 80 articles on a wide variety of subjects, she teaches and lectures throughout the country on her theory of Power as Knowing Participation in Change. In 1995, Dr. Barrett graduated from the American Institute of Mental Imagery. Along with Dr. Epstein, she pioneered a seminal research project on the effects of guided imagery on treatment outcomes for asthmatics, under a grant from the National Institutes of Health Office of Alternative Medicine.

Dr. Barrett has earned a reputation as one of the most honored nurses in America. At present she conducts a practice of Therapeutic Touch and Mental Imagery.

Celia Beth Blumenthal, M.D. is a Diplomate of the American Board of Psychiatry and Neurology in Child Psychiatry, General Psychiatry and Medicine. Dr. Blumenthal, a graduate of Columbia University's School of Physicians and Surgeons, works as the senior supervising psychiatrist at Mt. Sinai Hospital Adolescent Clinic, in addition to conducting a private practice in New York City.

Dr. Blumenthal has also achieved certification in Acupuncture, macrobiotics and Hypnosis. She has co-authored a number of articles on acupuncture techniques. She is a graduate of the American Institute for Mental Imagery and employs this treatment method in her practice .

Lydia Craigmyle, Ph.D., a licensed New York State psychologist, practices integrative mindbody therapy with an emphasis on mental imagery. She worked at Washington Square Institute and conducted research at Harvard University's Maclean Hospital. Dr. Craigmyle specializes in the mother-daughter relationship. She also incorporates a natural breathing method, developed by Carl Stough, to reduce anxiety and depression. A graduate of The American Institute of Mental Imagery, Dr. Craigmyle will conduct innovative research into the effects of mental imagery on the sympathetic nervous system and the locus caeruleus (Blue Nucleus) under the auspices of **AIMI**.

Steven Hahn, M.D. is an Associate Professor of Medicine at Albert Einstein College of Medicine and a Clinical Instructor in Psychiatry. A graduate of Yale School of Medicine, he holds certification by the American Board of Internal Medicine. He currently has the position of Director of the Behavioral Science Curriculum of the Categorical and Primary Care Internal Medicine Residency Programs at Jacobi Medical Center. Dr. Hahn is also President of the Association for Behavioral Sciences and Medical Education. He has authored nearly 50 articles in his field of Behavioral Medicine.

Viviane Lind, M.D. is Director of the Child and Adolescent Outpatient Psychiatric Clinic at Metropolitan Hospital in New York City. She attended medical school in Morocco and graduated from Tel Aviv Medical School in Israel. Dr. Lind is a Diplomate of the American Board of Psychiatry and Neurology in Child Psychiatry and General Psychiatry. She studied with Mme. Colette Aboulker-Muscat of Jerusalem and worked with Dr. Epstein to develop imaginal work for children. She employs Mental Imagery in her work with children, adolescents and adults.

Sharon J. Parish, M.D. is Director of Psycho-social Training at Montefiore Medical Center and a Board Certified Diplomate in Internal Medicine. An Assistant Professor, she develops the behavioral science training curricula for the Internal Medicine house staff. She has earned a national reputation in this field. Dr. Parish is a graduate of The American Institute for Mental Imagery. She maintains a private practice in Internal Medicine with a special interest in Women's Health.

Rabbi Joyce Reinitz, A.C.S.W., is a New York State Certified Social Worker who graduated from Columbia University's School of Social Work and received Rabbinic Ordination from the Academy for Jewish Religion. Currently, she serves as the spiritual leader for the Society of Jewish Science. In addition to her private psychotherapeutic practice in mental imagery, she teaches and provides Jewish life coaching and counseling services at the 92nd Street Y in New York City. Over the years, she founded the Center for Integrated Recovery; has worked for the Jewish Family Services and for the Neurological Institute of Columbia Presbyterian Hospital; and has combined the Rubenfeld Method of body work with her approach to integrative imaginal therapy. She is a graduate of The American Institute for Mental Imagery.

Peter Reznik, M.S.W., Ph.D., formerly of the Soviet Union, earned a Master's degree in linguistics from Odessa University. He trained in clinical Hypnosis at Odessa Medical School. Upon his emigration to the United States, he graduated Fordham University's School of Social Work and subsequently achieved his Doctorate from Columbia Pacific University. He is a graduate of The American Institute of Mental Imagery.

Dr. Reznik holds a staff position at The Schachter Center for Complementary Medicine in Suffern, New York, and practices his Mindbody Integrative approach to healing. He teaches a wide variety of classes for the public, such as Morphology, Dream Work and Mental Imagery. He maintains private practice in New York and Rockland County.

**REGISTRATION FORM
for Weekend Workshop***

NAME: _____

ADDRESS: _____

CITY: _____

STATE: _____ ZIP CODE: _____

HOME TELEPHONE: _____

BUSINESS TELEPHONE: _____

E-MAIL ADDRESS: _____

COURSE TITLE: _____

DAY (If Applicable): _____

COURSE TITLE: _____

DAY (If Applicable): _____

FOR QUESTIONS OR TO APPLY TO THE CERTIFICATE PROGRAMS, call Dr. Gerald Epstein at 212-369-4080 or email him at jerry@drjerryepstein.org