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FALL & SPRING
2017 - 2018 COURSE OFFERINGS

Join at anytime!

Questions? Call and ask for a free mp3 sample class.

GEMS: We Are Not Meant to Die:
Teaching a New Life of Purpose, Health and Holiness
Attend in-class, call-in, or receive an mp3

With the immanent publication of my new book, *We Are Not Meant To Die: Spiritual Healthcare Practices for Longevity and Immortality*, this year's GEMS class will focus on the principles and practices of spiritual life through the prism of personal health and healing. I call it the *Messiah Principle*, as we aim to each become our own saviors, reliant on our own inner wisdom that we receive from the invisible reality.

Trapped in our troubles: Though many of us here in the West are physically -- and perhaps financially free, we often remain spiritually, mentally, and emotionally trapped. This course offers us the opportunity to free ourselves -- self-redeemed, self-saved. Through this practice we gain self-knowing, self-understanding, equanimity and balance.

The course covers four areas:

- The GEMS model of health -- our *Theater of Life*.
- Our *Errors of Living*: The disintegrating factors of our lives.
- *Spiritual Gifts*: The integrative and self-organizing functions that perpetuate longevity.
- Practices and techniques to *reverse* the disorganizing process.

Changing our orientation to life: In this educative class, we change our frame of reference about life, its truth, and our purposes for being here. We explore spiritual principles of the Western tradition and apply it to our everyday life situations:

What ails us? We start by examining our everyday life problems – happening in our *Theater of Life*. From there we swing over to explore the *errors of living* that have birthed the daily problems; we then relate the errors back to their source – the *spiritual errors* that have birthed the errors of living. Finally, we apply the remedies to correct our errors. We hone our ‘spiritual intelligence’ through the practices of awareness, intuition, will, and mental imagery. We learn to think in a new way -- not through logic, a closed linear system -- but through analogy, an open, expansive, wholistic and synchronistic form of thinking.

Spiritual Life is practical: Engaging in spiritual life is the *most practical* life on Earth; one that reshapes our habitually conditioned, painful suffering, where many of us are yoked, like oxen, to a plough of drudgery and profound unhappiness. With this practice, we renew ourselves by learning to draw on the invisible universe to sustain us in a newly experienced way.

My Teachers: I draw on my own long intensive years of study as well as to the works of seven sacred souls within the Western spiritual tradition: Colette Aboulker-Muscat (my direct teacher of blessed memory); Valentin Tomberg; Robert Rhondell Gibson; Friedrich Weinreb, Henri Corbin, Medard Boss, and Paul Watzlawick.

Tuesdays, 11:00 AM – 12:45 PM

Dates: Sept: 12, 19, 26; Oct. 3, 10, 17, 24, 31; Nov. 7, 14, 21, 28; Dec. 5, 12;
Jan. 9, 16, 23, 30; Feb: 6, 13, 20, 27; Mar. 6, 13, 20, 27; Apr. 3, 10, 17, 24;
May 1, 8, 15, 22, 29; June 5, 12, 19

Fee: \$2850 (3 payments \$950 due 9/12/17 & 1/9/18 & 4/3/2018; *Add 3% surcharge for credit cards.* **Tuition prorated based on entry date.**

Group Dream Experience

Attend in-class or call in

The dream is our personal book of life. Its pages offer us a portal or doorway between infinite reality and our everyday time-space life experiences. The information contained within gives us answers and insights for our life including: our state of health, our life direction, our relationship to others, the problems we face, and what possibilities are available to us at this moment. In learning to read our dreams, we uncover the link or analogy between our dreams and our personal life events.

Dreams are a shared social language. Here one person's dream is everyone's dream, as we uncover common social themes of life that we each live out in our unique individual unfolding. We share our dreams within a welcoming and accepting environment. As we share we learn to read the images of this pictorial language. Unlike normative dream interpretation, we approach the dream with no preconceived ideas.

Every other Tuesday, 2:00 PM – 3:30 PM

2017: Sept. 19; Oct. 3, 17, 31; Nov. 14, 28; Dec. 12

2018: Jan. 16, 30; Feb. 13, 27; Mar. 13, 27; Apr. 10, 24; May 8, 22; Jun. 5, 19

Fee: \$1426 (2 payments due of \$713 on 9/26/2017 and 2/20/18). Add 3% surcharge for credit cards. **Tuition prorated based on entry date.**

Group Imagery Healing Experience

Attend in-class or call in

Group imagery is a healing process of personal transformation. Neither therapy nor meditation, this practice allows us to access our inner source of wisdom. By turning our senses inward, away from the noise of the everyday world, we can freely gain, like the dream, the favorable guidance of other dimensional realities.

Mental Imagery (where we think in pictures instead of words) is the shared social language of the world. Like dream reading, we learn to read the images that unite us all. Through the regular practice of imagery, we gain the power and confidence to apply what we have learned to heal and enrich our lives and those around us.

Every other Tuesday, 2:00 PM – 3:30 PM

2017: Sept. 12, 26; Oct. 10, 24; Nov. 7, 21; Dec. 5;

2018: Jan. 9, 23; Feb. 6, 20; Mar. 6, 20; Apr. 3, 17; May 1, 15, 29; Jun. 12

Fee: \$1426 (2 payments due of \$713 on 9/26/2017 & 2/20/2018). Add 3% surcharge for credit cards. **Tuition prorated based on entry date.**

For Clinicians – Group Supervision

Call in only

Applying Western Spiritual Therapeutics to Clinical Practice

Using clinical presentations and patient/client photographs, participants present challenging illustrations for group discussion. Participants deepen their therapeutic skills in morphology (face reading), mental imagery, dream reading, techniques of will, analogic thinking, phenomenology, and the understanding of the healing relationship. Offered through the American Institute for Mental Imagery.

Every Third Thursday, 1:30 – 3:00 PM

Dates: Sept. 14; Oct. 5, 26; Nov. 16; Dec. 7; Jan. 11; Feb. 1, 22; Mar. 15; Apr. 5, 26; May 17; Jun. 7

Fee: \$75 per meeting. Add 3% for credit cards.

Please note: For clinicians enrolled in AIMI certificate programs, the three Tuesday courses count toward completed requirements to receive a *Certificate of Completion*.

Saturday Night Salons

Free Open House- NYC

Speakers: Dr. Epstein & speakers present topics on spirituality & healing.

Day/Location: Sat. 8:00 PM at 351 East 84th Street, NY, NY, Apt. 10-d

Dates: Oct. 28; Jan. 27; Apr. 27; Questions? Call 212-369-4080

MP3 posted online after event